


What Makes Superheroes Super?

<u>Year Group: One</u>	<u>Subject: Design and Technology</u>	Topic: Food – Preparing Fruit and Vegetables to create a celebratory picnic for superheroes
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What will I learn?	Key vocabulary:	
<ul style="list-style-type: none"> How to talk about and draw my design ideas in order to design a healthy picnic for superheroes who have just completed their mission. To choose fruit and vegetables according to their characteristics e.g. colour, texture and taste to create a salad and fruit kebabs How to safely use simple utensils and equipment to peel, cut, slice, squeeze, grate and chop. How to evaluate my design and healthy picnic. 	chop	peel
	slice	grate
	squeeze	sweet
	sour	crisp
	crunchy	sticky
	ingredients	Grater, peeler, juicer, knives, chopping board.
How will I learn?		
<ul style="list-style-type: none"> I will ask questions such as, ‘where is this grown?’, ‘what will it look like inside when we peel/chop it?’, how many pieces of fruit and vegetables do we need to eat each day?’ I will investigate different fruit and vegetables using my senses. I will talk about ways I could improve my food design. I will learn and understand the technical vocabulary linked to my project. 		