



St John's COE Primary School
Health Education (PSHE) Progression Grid
Looking after ourselves and those around us.



	Term 1 7 weeks	Term 2 7.5 weeks	Term 3 6 weeks	Term 4 5.5 weeks	Term 5 5.5 weeks	Term 6 7.5 weeks
Year 1	<p><u>Living in the Wider World</u> Being aware of Rules, Rights and Responsibilities.</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - Why we have classroom rules. - Our Special people balloons. 	<p><u>Health and Wellbeing</u> Healthy Eating, Teamwork, Cooperation, Hygiene, Illness and Healthy lifestyles</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - Eat well - Catch it, Bin it, Kill it. - Healthy me 	<p><u>Living in the Wider World</u> Recognising our environment and looking after others.</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - Around and about the school. - Basic First Aid - Our Feelings 	<p><u>Health and Wellbeing</u> Keeping Safe, Dealing with Loss, Feelings, Relationships Education, Safeguarding, Support networks, Bullying, Feelings, Illness and Medicines</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - Harold loses Geoffrey - Who can help (1) - What could Harold do? (Drug link) 	<p><u>Standalone Term:</u></p> <p><u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u></p>	<p><u>Living in the Wider World</u> Recognising Money and being responsible.</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - Harold's Money. - How should we look after our money?
Year 2	<p><u>Living in the Wider World</u> Being aware of Rules, Rights and Responsibilities and helping to implement them</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - Our ideal classroom 1+2 - When I feel like erupting 	<p><u>Health and Wellbeing</u> Hygiene, Dental hygiene, Illness and Viruses</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - Harold's Bathroom - Harold's Postcard (link to Vaccination and Viruses) 	<p><u>Living in the Wider World</u> Considering the Environment and looking after others around us.</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - How can we look after our environment? - When someone is feeling left out OR Getting on with others. 	<p><u>Health and Wellbeing</u> Keeping Safe, Safeguarding, Support networks, Relationships Education</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - How safe would you feel? - What should Harold Say? - Let's all be happy! 	<p><u>Standalone Term:</u></p> <p><u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u></p>	<p><u>Living in the Wider World</u> Understanding Money, saving and responsibility.</p> <p>SCARF lesson link:</p> <ul style="list-style-type: none"> - Harold saves for something special. - Harold goes camping
Year 3	<p><u>Living In the wider world:</u> British values, rules respect valuing difference and community.</p> <p>SCARF lesson Link:</p> <ul style="list-style-type: none"> - Our Friends and Neighbours. - For or Against - Thunks 	<p><u>Health and Wellbeing</u> Medicines, Hygiene, Illness Viruses, Science, Safety, Drugs and cooperation</p> <p>SCARF lesson links:</p> <ul style="list-style-type: none"> - Poorly Harold - Body teamwork - Top Talents 	<p><u>Living in the Wider World</u> Community, Support networks, Wellbeing and Environment.</p> <p>SCARF Lesson Links:</p> <ul style="list-style-type: none"> - My Community - Our Helpful volunteers 	<p><u>Health and Wellbeing</u> Keeping safe, Risk-taking, safety, Healthy Lifestyles, Medicines, Drugs, Body parts, Alcohol, Smoking Science and Safety</p> <p>SCARF Lesson Links:</p> <ul style="list-style-type: none"> - The Risk Robot - Help or Harm? - Raisin Challenge 	<p><u>Standalone Term:</u></p> <p><u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u></p>	<p><u>Living in the Wider World</u> Money, Saving, Responsibility</p> <p>SCARF Lesson Links:</p> <ul style="list-style-type: none"> - Can Harold afford it? - Earning money

<p>Year 4</p>	<p><u>Living In the wider world:</u> British values, rules respect valuing difference and community.</p> <p>SCARF Lesson Links: - In the News! - That is such a stereotype - It's your right</p>	<p><u>Health and Wellbeing</u> Making choices, Physical activity, healthy eating, drugs.</p> <p>SCARF Lesson Links: - SCARF Hotel - Making choices - Who helps us stay healthy and safe</p>	<p><u>Living in the wider world</u> Community, Support networks, Wellbeing and Environment.</p> <p>Scarf Lesson Links: - Logo Quiz - My School Community (1) - Harold's Seven Rs</p>	<p>*4 Lesson Term <u>Health and Wellbeing</u> Keeping safe, Risk-taking, safety, Healthy Lifestyles, Medicines, Drugs</p> <p>Scarf Lesson Links: - Danger Risk or Hazard? - Keeping ourselves safe - Medicines: check the label. - Raisin Challenge (2)</p>	<p><u>Standalone Term:</u></p> <p><u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u></p>	<p><u>Living in the Wider World</u> Money, Saving, Responsibility</p> <p>SCARF Lesson Link: - Basic First aid - Harold's Expenses - Why pay taxes?</p>
<p>Year 5</p>	<p><u>Living In the wider world:</u> British values, rules respect valuing difference and community.</p> <p>SCARF Lesson Links: - Local Councils - The Land of the Red People. - What's the story?</p>	<p>*4 Lesson Term <u>Health and Wellbeing</u> Making choices, Physical activity, healthy eating, drugs.</p> <p>SCARF Lesson Links: - Smoking: what is normal? - Getting fit - It all adds up! - How are they feeling?</p>	<p><u>Living in the wider world</u> Community, Support networks, Wellbeing and Environment.</p> <p>SCARF Lesson Links: - Rights, responsibilities and duties - My school community (2) - Mo makes a difference</p>	<p>*4 Lesson Term <u>Health and Wellbeing</u> Keeping safe, Risk-taking, safety, Healthy Lifestyles, Medicines, Drugs, Emotional needs, Risk-Taking.</p> <p>SCARF Lesson Links: - Jay's Dilemma - Our Emotional needs - Communication - Star qualities?</p>	<p><u>Standalone Term:</u></p> <p><u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u></p>	<p><u>Living in the Wider World</u> Money, Saving, Responsibility</p> <p>SCARF Lesson Links: - Spending wisely - Boys will be boys? - challenging work-place gender stereotypes - Independence and responsibility</p>
<p>Year 6</p> <p>The Year 6 module contain a vast quantity of great resources. At the year group's discretion, they are well worth covering and using.</p>	<p><u>Living In the wider world:</u> British values, rules respect valuing difference and community.</p> <p>SCARF Lesson Links: - Democracy in Britain 1 – Elections - Democracy in Britain 2 - How (most) laws are made - Tolerance and respect for others</p>	<p>*4 Lesson Term <u>Health and Wellbeing</u> Making choices, Physical activity, healthy eating, drugs, illnesses.</p> <p>SCARF Lesson Links: - Five Ways to Wellbeing project - I look great! - We have more in common than not - What is HIV?</p>	<p><u>Living in the wider world</u> Community, Support networks, Wellbeing and Environment.</p> <p>SCARF Lesson Links: - Project Pitch (parts 1 & 2) - Action stations! - Happy shoppers</p>	<p>*4 Lesson Term <u>Health and Wellbeing</u> Keeping safe, Risk-taking, safety, Healthy Lifestyles, Medicines, Drugs, Emotional needs, Risk-Taking.</p> <p>SCARF Lesson Links: - Rat Park - Drugs: it's the law! - What's the risk? (1) - What's the risk? (2)</p>	<p><u>Living in the wider world</u></p> <ul style="list-style-type: none"> - Captain Coram 1 - Gin Lane: children's rights in the 18th century - Captain Coram 2 - Thomas Coram and the Foundling Hospital - Captain Coram 3 - Funds for Foundlings: 18th century artists raise money for the 1st children's charity - Captain Coram 4 - Hetty Feather, fictional foundling: children's rights in the 19th century - Captain Coram 5 - Life for Foundlings in the 20th century - Captain Coram 6 - Coram today: children's rights in the 21st century 	<p><u>Living in the Wider World</u> Money, Saving, Responsibility, Community</p> <p>SCARF Lesson links: - What's it worth? - Jobs and taxes - Community art</p>

