



St John's COE Primary School
Health Education (PSHE) Long Term Plan
Looking after ourselves and those around us



	Term 1 7 weeks	Term 2 7.5 weeks	Term 3 6 weeks	Term 4 5.5 weeks	Term 5 5.5 weeks	Term 6 7.5 weeks
Year 1	<u>Living in the Wider World</u> What rules are important? Who is important to us?	<u>Health and Wellbeing</u> How can I keep clean?	<u>Living in the Wider World</u> What is my environment and can I help it?	<u>Health and Wellbeing</u> How can I keep safe?	Standalone Term: <u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u>	<u>Living in the Wider World</u> How do we use money?
Year 2	<u>Living in the Wider World</u> Why should we follow rules?	<u>Health and Wellbeing</u> How can I keep healthy?	<u>Living in the Wider World</u> How can we look after our environment?	<u>Health and Wellbeing</u> How can I keep safe?	Standalone Term: <u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u>	<u>Living in the Wider World</u> How do we save money?
Year 3	<u>Living In the wider world:</u> How do we share opinions respectfully?	<u>Health and Wellbeing</u> How can I keep my body healthy?	<u>Living in the Wider World</u> What is my community?	<u>Health and Wellbeing</u> What choices should I keep myself safe?	Standalone Term: <u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u>	<u>Living in the Wider World</u> How can we use money carefully?
Year 4	<u>Living In the wider world:</u> Can we trust everything we see?	<u>Health and Wellbeing</u> What choices can I make to stay healthy?	<u>Living in the wider world</u> How can I care for my community?	<u>Health and Wellbeing</u> How can I make choices to avoid risks?	Standalone Term: <u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u>	<u>Living in the Wider World</u> Why is money important?

<p>Year 5</p>	<p><u>Living In the wider world:</u></p> <p>How does my local community work and how can we respect people around us?</p>	<p><u>Health and Wellbeing</u></p> <p>How can I recognise healthy behaviours?</p>	<p><u>Living in the wider world</u></p> <p>What is makes my community unique?</p>	<p><u>Health and Wellbeing</u></p> <p>How can I make healthy choices to avoid risks?</p>	<p><u>Standalone Term:</u></p> <p><u>Teachers to use their understanding of the class to choose appropriate lessons from the SCARF scheme. Choose from Living in the Wider World and Health and Wellbeing.</u></p>	<p><u>Living in the Wider World</u></p> <p>Why is it important to use money wisely?</p>
<p>Year 6</p> <p>The Year 6 module contain a vast quantity of great resources. At the year group's discretion, they are well worth covering and using.</p>	<p><u>Living In the wider world:</u></p> <p>What is democracy in Britain?</p>	<p><u>Health and Wellbeing</u></p> <p>How can I ensure I make healthy choices?</p>	<p><u>Living in the wider world</u></p> <p>How can I support and improve my community?</p>	<p><u>Health and Wellbeing</u></p> <p>How can I make and help others to make healthy choices to avoid risks?</p>	<p><u>Living in the wider world</u></p> <p>What are children's rights?</p>	<p><u>Living in the Wider World</u></p> <p>Why is it important to use money wisely?</p>